

INSTITUTE FOR LEARNING IN RETIREMENT SPRING 2025



**Course Listing
& Schedule**

January 27 –

March 21

Preview & Luncheon

January 22, 2025

UNA is an Equal Opportunity/Equal Access Institution
colleagues who may be interested.

Please pass this on or copy it for other
www.una.edu/professionaldevelopment

or (256) 765-4862

Call 1-800-825-5862, Ext. 4862

Register Today!

University of North Alabama
Center for Learning &
Professional Development
UNA Box 5036
Florence, AL 35632-0001
(256) 765-4862
800-825-5862, Ext. 4862



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The Institute for Learning in Retirement

Spring 2025 Schedule January 27 – March 21, 2025 • UNA East Campus

MONDAYS

- 9:00 - 10:00 am **Byways of Language & Literature** • Led by Dennis Balch
Local Providers of News & Information • Led by Dan Waterman
- 10:30 - 11:40 am **The Agency: A History of the Central Intelligence Agency** • Led by Ron Helgemo
A Bicycle, A School & The Sea • Led by Tom Osborne
Science & Religion • Led by Jacquie Osborne
- 12:15 - 1:25 pm **Happy Trails To You!** • Led by Karen Kielbasinski
Muscle Shoals Music Live! • Led by Phyllis Romine
Readers' Choice • Led by Dennis Balch

WEDNESDAYS

- 9:00 - 10:00 am **America On the World Stage** • Led by David Daniel
Hodgepodge • Led by Will Grimmitt
- 10:30 - 11:40 am **What's My Line?** • Led by Susan Farris
The Civil War In The Shoals & The Tennessee Valley • Led by Charles Wickwire
The Great Books • Led by Nancy Belue
- 12:15 - 1:25 pm **Antoni Gaudi, Architect** • Led by David Currott
The Bastard Brigade & Nuclear Accidents • Led by Rob Martin
The Five Civilized Tribes/The New Madrid Earthquake • Led by Phyllis Shoemaker
Biographies • Led by John Sworm

FRIDAYS

- 9:00 - 10:00 am **Enjoying The Arts** • Led by Elizabeth Renault
The View From My Window • Led by Anita Cobb
- 10:30 - 11:40 am **All Over The Map** • Led by Susan Daniel
Healthy Aging: Accepting The Joys & Challenges of Aging • Led by Linda Austin
Of Local Interest... • Led by Susan Farris
Interfaith Book Discussion Group • Led by Jacquie Osborne
- 12:15 pm - TBD **Friday Afternoons At The Movies** • Led by Donald Anderson

Time TBD **All Day Trip (January 29)** • Led by April Sturtevant & Kaye Perkins

11:45 am - TBD **Around Town (March 10)** • Led by April Sturtevant & Kaye Perkins

OFFICERS

President: Susan Farris
Vice-President: Charles Wickwire

COMMITTEE CHAIRS

Course Leader Facilitators: Marian Morris, Charles Wickwire,
Linda Austin, David Currott
Travel: April Sturtevant, Kaye Perkins
Social: Chris Johnson
Sunshine: Elizabeth Stoy
Technology: Richard Hudiburg, Rob Martin, Sherry Crosslin,
Steve Merry, Ken Wolf
Time: Kay Durrett, Marian Morris, Ed Byler

COUNCIL

Three Year Term: Donna Albright, Susan Daniel,
Karen Kielbasinski,
Kaye Perkins

Two Year Term: Max Gee, Will Grimmitt,
Steve Merry, Phyllis Romine

One Year Term: Dennis Balch, Lucy Crosby,
John Harris, Kris Seabol



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COURSE DESCRIPTIONS

Byways of Language and Literature

Topics that inform, entertain, and delight! The Founding Gardeners, James Madison's other family, the curious history of punctuation, and Jim Autry's advice on dealing with life.

Local Providers of News and Information

Background on TV, radio, and print news with a focus on historic local radio stations (Big River and WZZA radio) and newspapers that inform and entertain Shoals residents.

The Agency: A History of the Central Intelligence Agency

This is the final semester examination of the CIA: the terrorist attacks of 9/11, wars in Afghanistan and Iraq, a controversial "enhanced interrogation" program, and a retrospective.

A Bicycle, a School, and the Sea

The bicycle and the liberation of women, Locust Dell Academy in Florence, and *The Blue Engine: How the Ocean Works*

Science and Religion

Psychology, Cognitive Science, Archaeology, and Sociology are changing our understanding of the role of religion in our lives.

Happy Trails To You!

Follow the Singing River Trail, walk the Appalachian and Pacific Rim Trails, explore the Muscle Shoals National Heritage Area, and travel a 12-month, 28,662-mile cross-country adventure.

Muscle Shoals Music Live!

Local artists share their history, knowledge, and incredible talent. Toe-tapping is recommended. FHS Jazz Band helps kick off our Mardi Gras celebration. Laissez le Bon Rouler!

Readers' Choice

A shared inquiry reading group. Readings are confirmed by the group at the end of preceding semesters and may include poetry, long or short fiction, or nonfiction.

America on the World Stage (continued)

This semester's three classes will cover America's first ladies' contributions, little-known facts about America's Vice Presidents, and America's cases before the International Court of Justice.

Hodgepodge

Aging effects, two 19th-century faces, BBB, etc.

What's My Line?

Who? A Great Blue Heron naturalist blogger, a retired Air Force Two commander/pilot, and a former GQ and current NY Times fact checker.

The Civil War in the Shoals and the Tennessee Valley

Events of the Civil War from secession in 1860 to the restoration of civil government in 1865; Presented by Jordan Collier

The Great Books

Selections from CLASSIC READINGS, VOL. II. Using questions from the texts, opinions are given with lively discussion in shared inquiry. Authors: Frost, Hawthorne, West, Stowe, Eliot, Robinson, Mansfield

Antoni Gaudi, Architect

The gaudy architecture of the famous Catalan architect Antoni Gaudi

The Bastard Brigade and Nuclear Accidents

The renegade scientists and spies who prevented the Nazis from obtaining a nuclear weapon during World War II, and stories of the three most destructive and devastating radiation accidents.

The Five Civilized Tribes / The New Madrid Earthquake

Creek, Cherokee, Chickasaw, Choctaw, and Seminole influenced the South's history. The longest & biggest earthquakes in America were felt in Montreal, Charleston, & DC.

Biographies

Video biographies of Jackie Osborne and Rhiannon Giddens

Enjoying The Arts

An exploration of a variety of subjects pertaining to the arts; from artists to art works and art movements, to a variety of issues and odd topics that apply to creativity.

The View From My Window

Perspectives on various topics of Black history and culture, with special focus on local and regional subjects.

All Over The Map

Big Brothers Big Sisters, the latest in hearing technology, practical everyday uses for AI, an introduction to Joe Wheeler State Park

Healthy Aging: Accepting the Joys and Challenges of Aging

Discovering ways to nurture mind, body, and spirits! A physician will discuss Healthy Aging; a Lauderdale County Drug Taskforce officer will discuss the issues of illegal drugs in our community.

Of Local Interest...

Join Joel Anderson, CEO of Mainstreet Communities, as he discusses the West Village Project, and Tami Reist, CEO of NorthAlabama.org, as she promotes North Alabama's natural, historic, and man-made attractions.

Interfaith Book Study

A study of *How God Works: The Science Behind the Benefits of Religion*, by David DeSteno

Friday Afternoons At The Movies

Enjoy three classic musicals: Showboat, Oklahoma, and West Side Story

All-Day Trip • January 29

UNA Campus: Join an enlightening tour with staff of Collier Library's new mural "Tears and Triumphs," the new Computing and Mathematics Building, and the Laura M. Harrison Hall.

Around Town • March 10

FAME Recording Studios: Tour the home of "The Muscle Shoals Sound" and see historic landmark Studios A and B where music royalty made some of the greatest recordings of all time.

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER PREVIEW & LUNCHEON!

Wednesday, January 22 at 11:00 a.m., in the UNA East Campus Building, 1640 Tune Ave., Florence.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$80 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)
- ILR Members receive a 10% discount on UNA Continuing Education Courses.

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).



FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.

BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. Call (256)765-4862 or 1(800)-825-5862, ext. 4862.

IN PERSON

During our office hours, come by our office in the UNA Office of Regional Engagement, 541 West College Street, Florence, AL. Park at the back of the building and enter through the purple awning. Please have correct change.

ONLINE

www.una.edu/professionaldevelopment
Select Personal Enrichment, and Institute for Learning In Retirement.

EMAIL

Scan and email form to Meghan Fike, mmfike@una.edu

MAIL

Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Center for Learning & Professional Development, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Birthday (Optional) _____ Text Opt in YES NO

Please Register me for: Spring Term 2025, \$80

Payment Method:

Check Enclosed (payable to UNA) Please include course name on lower left side of check.

Purchase Order Money Order Visa

MasterCard Discover

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.