

SPRING 2021 | ISSUE 1

NEWSLETTER



University of
NORTH ALABAMA

Center for WOMEN'S STUDIES

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SPRING SEMESTER 2021 MID SEMESTER

We hope mid-terms went well! Keep working hard! Spring Break is right around the corner.

We hope all of our students will continue to protect themselves and others from COVID-19 this semester. Please continue to social distance and wear a cloth face covering or mask to help reduce the spread of COVID-19. We would also like to remind students that various services are available on campus to assist in mitigating the adverse effects resulting from COVID-19. Student Counseling Services, University Case Management, The Pantry, and University Health Services are just a few of the resources that are available to students.

The Center for Women's Studies is open from 8:00am - 4:00pm Monday - Friday this spring. Please stop by! We also encourage you to participate in the events we have planned this semester. Check out our website for a list of events.

We wish you a successful close to the Spring 2021 semester.



SERVICES PROVIDED BY THE CENTER FOR WOMEN'S STUDIES

Free Printing is available at the Center for Women's Studies. Do you need to **print a final exam**? Stop by!

A **Lactation Room** is available on a first come, first serve basis to mothers who are breastfeeding. The room locks for privacy and contains a comfy chair and a refrigerator. A sink is available in the communal kitchen and/or gender-neutral bathroom located next to the lactation room.

The Center for Women's Studies contributes to the **Period Project** at UNA. The Center for Women's Studies provides free feminine hygiene products in the 1st and 2nd floor women and gender-neutral bathrooms in Collier Library.

The Director and the Coordinator of the Center for Women's Studies serve as a **Title IX Confidential Reporting Resource**. This means that the Director and the Coordinator of the Center for Women's Studies are not legally obligated to inform the Title IX Coordinator at UNA of incidents of sex-based discrimination or incidents of sexual and gender-based harassment and violence. We of course recommend that you reach out to the Title IX Coordinator; however, if you'd like to discuss an issue confidentially, you are welcome to discuss that issue with the Director or the Coordinator of the Center for Women's Studies.

Upcoming Events

March 1st - 31st: HERstory Project Display. Visit the HERstory Project, which is on display in Collier Library during the month of March. The HERstory project honors women who have shaped humanity and history through their achievements and contributions. Interested in submitting a biography of your heroine for next year's display? Research and write the story of a woman who has inspired you through her achievements (500 words). E-mail your submission to womenscenter@una.edu.

March 17th: Women in Action Speaker Series. Join us on Zoom at 5:30pm to be inspired by Ms. Chelsea Kauchick. Register at: https://woa_chelsea.eventbrite.com

March 31st: Equal Pay Day. Did you know that women make only 82 cents compared to one dollar paid to men in the United States? Join us in the GUC from 12:30-2:30pm and grab a free cookie and learn more about gender and racial pay inequalities in the United States.

April 6th & April 8th: Diversity Education Week - Identity Charts & Web of Inclusion. Join us in the GUC from 11:30am-1:30pm and participate in activities that highlight our similarities and celebrate our differences.



CELEBRATING WOMEN DURING THE MONTH OF MARCH

*Text by the Center for Women's Studies &
Image by Anna Carden*

March is Women's History Month. During the month of March, we pay tribute to the women and girls who have made outstanding contributions to American society, despite the gender inequality that has and continues to plague our nation.

At the University of North Alabama (UNA), the Women's Center displays the HERstory Project in Collier Library during the month of March. This exhibit, created by the UNA community, highlights the various achievements heroines of UNA students, faculty and staff have contributed to humanity. We encourage the UNA community to visit the display and consider submitting a brief biography of their heroine to womenscenter@una.edu.

We will consider submissions for next year's display.

International Women's Day also falls in March. This year, International Women's Day was March 8th. In an event co-sponsored by the Mitchell-West Center for Social Inclusion and Housing and Residence Life, UNA students were encouraged to think about the role they can play in creating a more gender equal world - treating men and women and people of all genders equally.

International Women's Day encouraged everyone to celebrate the social, economic, cultural and political achievements of women worldwide and rally for women's equality. Unfortunately gender parity is not something that we will see in our lifetime, but we all have a role to play in challenging inequities and creating a more equal and just world.

Upcoming Events

April 13th & April 14th: These Hands Don't Hurt. April is Sexual Assault Awareness Month. Help us combat sexual assault by pledging that your hands will not harm. Join us at the GUC from 12:30-2:30pm to make your pledge!

April 14th: Sexual Assault Awareness Information Session with One Place of the Shoals.

One Place of the Shoals will provide information about the resources they provide to victims of sexual assault as well as information about sexual assault. Zoom meeting from 5:30-7:00pm Register at: <https://www.eventbrite.com/e/one-place-of-the-shoals-sexual-assault-awareness-informational-session-tickets-145123049949>

April 15th: Self-Defense Course.

Register to participate in a self-defense course co-sponsored by UNA Police. The self-defense course will take place from 5:00-6:00pm at the GUC. Register at: <https://www.eventbrite.com/e/una-womens-self-defense-course-tickets-128262744321>

April 21st: Women in Action Speaker Series.

Join us on Zoom at 5:30pm to be inspired by Ms. Andrea Holt. Register at: https://woa_andrea.eventbrite.com

SEXUAL ASSAULT AWARENESS MONTH - APRIL


Text by the Center for Women's Studies & Image by the Center for Women's Studies.

April is recognized as Sexual Assault Awareness Month. Sexual harassment, assault and abuse can happen to anyone at anytime. It is estimated that approximately one in four college women experience sexual assault or misconduct (National Sexual Violence Resource Center). We all have a role to play in preventing and responding to sexual assault.


This April, the Center for Women's Studies is sponsoring "These Hands Don't Hurt". This event aims to raise awareness about sexual assault and also provide life saving resources to victims of sexual assault. Please join us on April 13th and 14th at the GUC between 12:30 - 2:30pm to take the pledge that your hands will not hurt others.

The Center for Women's Studies is also sponsoring a Sexual Assault Awareness Information Session. The information session will be led by One Place of the Shoals, which provides crisis care services to victims of sexual assault. One Place of the Shoals Director, Donna Beck, Sexual Assault Nurse, Cindy Mashburn, Director of Victim Services, Deanna Tidwell and Chief Assistant District Attorney, Angie Hamilton will provide information about sexual assault and the services One Place of the Shoals offers, including opportunities for internships and volunteer services.

Do you need help now? Call One Place of the Shoals at: 256-284-7600. Or, call the National Sexual Assault Telephone Hotline at 800-656-HOPE (4673). If you are experiencing sexual harassment or assault you can also reach out the UNA's Office of Title IX at 256-765-4223.



University of
NORTH ALABAMA
Center for WOMEN'S STUDIES



ONEplace
of the Shoals

SEXUAL ASSAULT AWARENESS INFORMATION SESSION

APRIL 14TH FROM 5:30-7:00PM ZOOM MEETING

REGISTER AT: [HTTPS://WWW.EVENTBRITE.COM/E/ONE-PLACE-OF-THE-SHOALS-SEXUAL-ASSAULT-AWARENESS-INFORMATIONAL-SESSION-TICKETS-145123049949](https://www.eventbrite.com/e/one-place-of-the-shoals-sexual-assault-awareness-informational-session-tickets-145123049949)

CO-SPONSORED BY THE CENTER FOR WOMEN'S STUDIES AND ONE PLACE OF THE SHOALS



APRIL 13TH & 14TH
12:30-2:30PM
GUC

THESE HANDS DON'T HURT

STAND UP AGAINST SEXUAL
ASSAULT AND DOMESTIC VIOLENCE

PLEDGE THAT YOUR HANDS WON'T HARM!

COMMUNITY RESOURCE SPOTLIGHT

Text by the Center for Women's Studies

What community resources do you use? Let us know! We would love to highlight community resources whose services can assist and educate the UNA community about issues that affect women. Email: womenscenter@una.edu