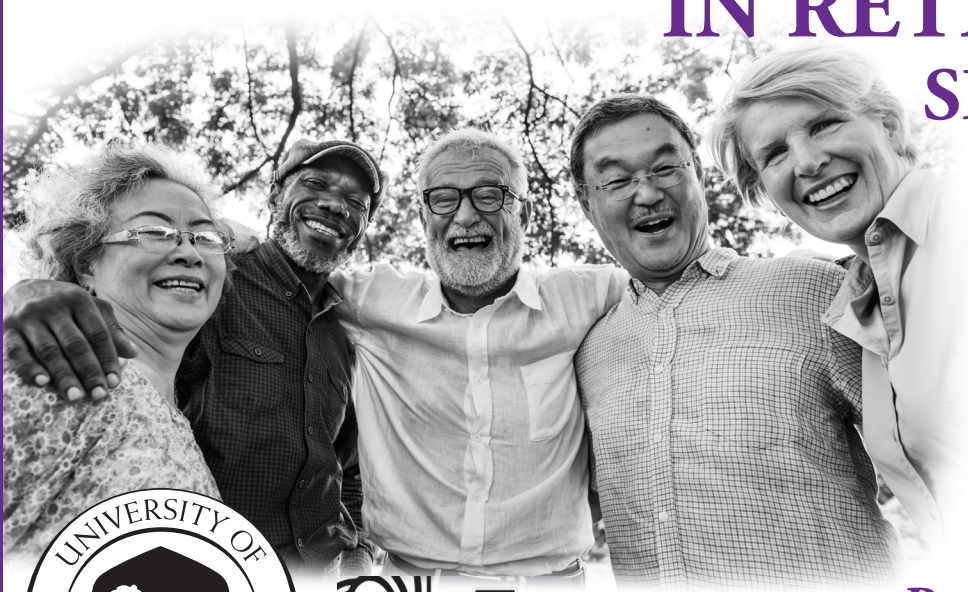


INSTITUTE FOR LEARNING IN RETIREMENT SPRING 2024



**Course Listing
& Schedule**

**January 22 –
March 15**

Preview & Luncheon

January 17, 2024



Register Today!
Call 1-800-825-5862, Ext. 4862
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The Institute for Learning in Retirement

Spring 2024 Schedule January 22 – March 15, 2024 • UNA East Campus

MONDAYS

- 9:00 - 10:00 am **Byways of Language & Literature** • Led by Dennis Balch
Science In Our Everyday Lives • Led by William Cale
- 10:30 - 11:40 am **Ancient Civilizations of North America** • Led by Jean Mammen
The Idea of Freedom and the Rule of Law • Led by Tom Osborne
- 12:15 - 1:25 pm **"...is it really for KIDS?"** • Led by David Daniel
Member Biographical Videos • Led by John Sworm
Interfaith Book Discussion Group • Led by Jacquie Osborne
Healthy Aging: Accepting the Joys & Challenges of Aging • Led by Linda Austin
Health & Adventure • Led by Richard Hudiburg
Readers' Choice • Led by Dennis Balch

TUESDAYS

- TBD **Culinary Lunch** (February 13) • Led by Helen Norvell
TBD **Wine Tasting** (Date TBD) • Led by Franny Grimmitt

WEDNESDAYS

- 9:00 - 10:00 am **Enjoying The Arts** • Led by Elizabeth Renault
Frank Borman & Appollo-8, Hubble/Webb Images & Nuclear Power Plants • Led by Rob Martin
- 10:30 - 11:40 am **The Great Books: Immigrant Voices & Classic Readings For Discussion** • Led by Nancy Belue
Shoals Conversations • Led by Nancy Gonce
Smattering Matters • Led by Scott Reed
- 12:15 - 1:25 pm **All Over The Map** • Led by Susan Daniel

FRIDAYS

- 9:00 - 10:00 am **Hodgepodge** • Led by Will Grimmitt
ILR Voices • Led by Susan Farris
- 10:30 - 11:40 am **The Agency: A History of the CIA** • Led by Ron Helgemo
Potpourri • Led by John Sworm
- 12:15 - 1:25 pm **Friday Afternoon Movies!** • Led by Donald Anderson
The Way We Were - Once Was Not Enough! • Led by David & Susan Daniel

-
- 11:45 am - TBD **Around Town** (February 7 & March 8) • Led by April Sturtevant & Kaye Perkins
Time TBD **All Day Trip** (February 21) • Led by April Sturtevant & Kaye Perkins

OFFICERS

President: Susan Daniel
Vice-President: Susan Farris

COMMITTEE CHAIRS

Course Leader Facilitators: Jean Mammen, Marian Morris,
Charles Wickwire
Travel: April Sturtevant and Kaye Perkins
Social: Chris Johnson
Sunshine: Dianne Freeze
Technology: Richard Hudiburg, Sherry Crosslin, Steve Merry
Time: Kay Durrett, Al & Dianne Freeze, Marian Morris

COUNCIL

Three Year Term: Max Gee, Will Grimmitt,
Steve Merry, Phyllis Romine

Two Year Term: Dennis Balch, Lucy Crosby,
John Harris, Kris Seabol

One Year Term: Linda Austin, Deb Barnes,
Emily Kelley, Rob Martin

2023-2024
LEADERSHIP



COURSE DESCRIPTIONS

The Great Books: IMMIGRANT VOICES & ANNIVERSARY CLASSIC READINGS

Participants will read and then critically discuss the works from the books of IMMIGRANT VOICES and ANNIVERSARY CLASSIC READINGS. Selections are online or may be purchased in a new or used copy of the books. Reading titles will be presented at Preview luncheon.

All Over The Map – A Little Something For Everyone!

Home-grown Heroes, Gardening For Birds, The Ethics Of AI, The Metaphysical Club: Shapers Of Our America, Food Innovators In History and MORE!

Friday Afternoon Movies!

Relax your way into your weekend with some movies especially chosen for you. We will watch Musicals, Westerns and even a Fantasy movie.

The Way We Were – Once Was Not Enough!

Come see your friends as they were through photos from our ILR pasts. If you saw the first one, you know how great it was. If not, now's your chance, don't let it slip away!

Byways of Language and Literature

Topics that inform, entertain and delight! The Lego story, Tulsa after 1921, the magic of the alphabet, a history of how knowledge is made and diffused.

Ancient Civilizations of North America

Centuries before European contact, large parts of North America had cities of thousands of people living in finely built houses, palaces, temples, and wide public plazas. There were road systems connecting cities across hundreds of miles. This semester finishes our course with the Northwest, Northeast, and North Midwest.

"... is it really for KIDS?"

We will look at the "dark side" of many Fairy Tales and familiar Nursery Rhymes, along with Disney's "adult" movie dialogue. You may never look at these the same again!

Member Biographical Videos

ILR Members ---- Tom Osborne, Emily Kelley

Interfaith Book Discussion Group

Our book for the semester will be "The Faith Club: A Muslim, a Christian, a Jew – Three Women Search for Understanding", Ranya Idrily

Enjoying the Arts

Explore and view Kinetic Art; Review the life and works of Italian artist Amadeo Modigliani; The Art form and its history of Typewriter Art; The Edo Art period in Japan

Shoals Conversations

History and future of the hospitality of the Marriott Shoals, multi-county Alabama programs related to services and supporters of gardening activities, Shoals Chamber of Commerce will share information about various programs, Director of Florence Department of Arts and Museums activity in area across various sites.

Hodgepodge

City of Florence Recycling program, History of Florence Library, Zoom session for Volunteers for Chimp Sanctuary, History of "Scenes Unseen"... Ghostly activity of Tuscumbia

The Agency: A History of the CIA

We continue our review of the Agency's history with a review of the turbulent 1970s and their involvement in domestic propaganda, Chile, Watergate, and James Angleton's mole hunt.

Science in Our Everyday Lives

A four lecture series: science and gender identity issues, famous and not so famous inventors, current research at the Hudson Alpha Institute, and the birds of Ecuador.

The Idea of Freedom and the Rule of Law

The History of the Idea of Freedom from Plato to the Present in Europe and America in 3 presentations plus a description of the related modern idea of the rule of law.

Healthy Aging: Accepting the Joys and Challenges of Aging.

We will continue to discover ways to nurture our minds, bodies, and spirits. Semester topics include What we Need to Know About Chronic Heart Failure and Blue Zones.

Health and Adventure

Two programs, including Fountain of Youth: Water Aerobics (Janet Hudiburg); Change of address, Change of country, An adventure in Spain (Richard Hudiburg).

Readers' Choice

A shared inquiry reading group. Readings are confirmed by the group at the end of preceding semesters and may include poetry, long or short fiction, or nonfiction.

Frank Borman & Apollo-8, Hubble/Webb Images and Nuclear Power Plants

How did Frank Borman and Apollo-8 beat the Soviets to the Moon in 1968? A space telescope update; Hubble and Webb images; Finally, more sustainable nuclear power plants?

Smattering Matters

1-The US Corps of Engineers will tell us about operations in and on the Tennessee River.
2-Learn how the "Dark Skies" official Designation process came about and related issues.
3 -How our news outlets have devolved from featuring "The Most Trusted Man in America" into being the second-least trusted major institution in the United States.

ILR Voices

Sue Dura informs on Renaissance and Baroque music; the Moreys give voice to Korean adoptees; Dan Waterman introduces United Way CEO Jennifer McNulty; and Jacquie Osborne discusses reforming our jails.

Potpourri

Presented by ILR members – "Playing for Change (Children)" John Sworm; "April 2024 Eclipse" David Currott; "Florence Black Businesses" Anita Cobb; "SCUBA, Boats and the Sea" John Sworm

All Day Trip • Wednesday, February 21

At the Jesse Owens Memorial Park, explore the replica home and museum showcases depicting the making of the 1936 Olympic Track and Field Gold Medalist superstar.

Around Town • February 7 & March 8

Walk on Whistle Path at Ivy Green and tour the birthplace of Helen Keller. Curious about our water quality? Join a fascinating tour of the Florence water facility treatment plant.

Culinary Arts Luncheon • Tuesday, February 13

Once again, ILR is going to be treated to a delicious luncheon from the Culinary Arts students this spring semester. Important note, it will be on Tuesday, February 13th.

Wine Tasting

Important note, it will be on a Tuesday during the semester. Date TBD

THE INSTITUTE FOR LEARNING IN RETIREMENT

PLEASE JOIN US FOR OUR SEMESTER PREVIEW & LUNCHEON!

Wednesday, January 17 at 11:00 a.m., in the UNA East Campus Building, 1640 Tune Ave., Florence.

WHAT IS THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR)?

The ILR is a member led group that determines all activities from course planning to social events. Most discussion groups are led by members. The ILR is an organization of active mature men and women who seek continued intellectual and social stimulation. Regardless of your educational background or work experience, we invite you to try us out without committing to a membership! There are no tests, grades, or prerequisites!

THE INSTITUTE FOR LEARNING IN RETIREMENT IS FOR:

Anyone interested in making new friends and growing & stimulating their mind in an educational environment!

WHAT ARE THE BENEFITS TO BEING AN ILR MEMBER?

For only \$70 a semester, joining ILR entitles you to:

- Attend any or all of the courses you would like that are listed in this brochure
- Social Events
- Trips (extra cost may be associated)
- ILR Members receive a 10% discount on UNA Continuing Education Courses.

Simply fill out the registration form located below and mail with your check. Class size is limited in some cases, so register early! If you are interested in attending a regular credit course, there is a Senior Scholar program which is administered through the UNA Office of Admissions (256-765-4608).



FAST & EASY REGISTRATION

Pre-registration is requested so we can be prepared for your attendance.

BY PHONE

Our registration office is open from 8 a.m. to 4:30 p.m. Monday through Friday. We accept Discover, MasterCard and Visa. Call (256)765-4862 or 1(800)-825-5862, ext. 4862.

IN PERSON

During our office hours, come by our office in the UNA Office of Regional Engagement, 541 West College Street, Florence, AL. Park at the back of the building and enter through the purple awning. Please have correct change.

MAIL

Complete the attached registration form and mail with your check or credit card information (don't mail cash) to Center for Learning & Professional Development, UNA Box 5036, University of North Alabama, Florence, Alabama 35632-0001.

Registration Form

If registering more than one person, please list additional names and information on an attached sheet or duplicate this form.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: (Day) _____ (Evening) _____

Mobile _____ Email _____

Birthday (Optional) _____

Please Register me for: Spring Term 2024, \$70

Payment Method:

Check Enclosed (payable to UNA) Please include course name on lower left side of check.

Purchase Order

Money Order

Visa

MasterCard

Discover

Credit Card # _____

Expiration Date _____ Verification # _____

Authorized Signature _____

Please make as many copies of this form as you need.